The University of Michigan Regents Communication

Request for Action

Subject: Report of Faculty Retirement

Action Requested: Adoption of Retirement Memoir

Sara Reddig Figueroa, M.D., clinical assistant professor of psychiatry in the Medical School, retired from active faculty status on December 31, 2026.

Dr. Figueroa received her B.A. degree from the University of Michigan-Dearborn in 1986. She went on to receive her M.D. in 1990 from Michigan State University College of Medicine and completed her psychiatry residency in 1994 (chief resident) at the University of Michigan. She was a clinical psychiatrist at Washtenaw County Community Mental Health Services and adjunct clinical instructor at University of Michigan Department of Psychiatry in 1996-2001, then clinical practice 2001-2006. In 2006, she joined the U-M faculty as a clinical lecturer and became a clinical assistant professor in 2012.

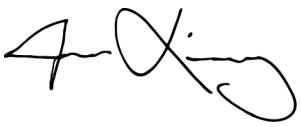
She focused on clinical care, department Grand Rounds workshops and scholarly work related to resident support in coping with patient suicide, quality Improvement, and providing ongoing resident supervision of one to three residents every year since 2006. She was awarded the American Psychological Association's Irma Bland Award in 2012 and the University of Michigan Department of Psychiatry Adult Residency Program's Teacher of the Year Award in 2013.

She obtained additional education in Quality Improvement 2015-2021 with PASQUAL, TE4Q, HESQP AND PDPQ training which led to her teaching PG3 residents in a 6-month QI core lecture series annually for 9 years with the UM Quality Improvement Department.

Clinically, she had a full caseload of patients, was lead clinician in three multidisciplinary ambulatory psychiatric clinics: a higher acuity care Crisis Support Clinic, a Meds Plus clinic for chronic, severe mental illness, and Mpact for general psychiatric care with resident supervision.

The Regents now salute this distinguished faculty member by naming **Sara Reddig Figueroa, clinical assistant professor emerita of psychiatry.**

Respectfully submitted:



Jon Kinsey
Vice President and Secretary of the University

November 2026