

THE UNIVERSITY OF MICHIGAN

Regents Communication

ACTION REQUEST

Subject: Report of Faculty Retirement

Action Requested: Adoption of Retirement Memoir

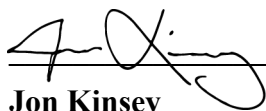
Robert B. Kiningham, M.D., clinical professor of family medicine in the Medical School, retired from active faculty status on August 31, 2025.

Dr. Kiningham received his undergraduate B.S. degree (biology) from St. Lawrence University in 1981. He received an M.A. degree in exercise physiology from the University of California at Davis in 1984, followed by his M.D. degree from the University of Cincinnati College of Medicine in 1989. He then came to the University of Michigan and completed a family medicine residency (1989-92) and fellowship in sports medicine (1992-93). He joined the University of Michigan department of family medicine faculty as a lecturer in July 1993. He was appointed as a clinical assistant professor in 1996, and was promoted to clinical associate professor in 2002, and clinical professor in 2021.

Dr. Kiningham has focused on the promotion and safety of physical activity for all ages and skill levels within both primary care and sports medicine. He has given over 100 intramural lectures, 70 national lectures, and authored 16 peer-reviewed articles and over 60 book chapters and invited articles and commentaries. He has worked with the Michigan High School Athletic Association for over three decades and developed the Michigan Weight Loss Monitoring Program for high school wrestlers, which was subsequently used as the template for programs by both the National Federation of State High School Associations (NFHS) and the National Collegiate Athletic Association (NCAA). He has served as a team physician for both the University of Michigan and Eastern Michigan University Athletics, serving as head team physician for Eastern Michigan University Athletics since 2011. In 2015, he received the Founders' Award from the American Medical Society for Sports Medicine, the organization's highest award given to the primary care sports medicine physician who "exemplifies the best we can be in sports medicine."

The Regents now salute this distinguished faculty member by naming **Robert B. Kiningham, clinical professor emeritus of family medicine**.

Requested by:



Jon Kinsey
Vice President and Secretary of the University

September 2025