

Adopted by the
Regents
September 17, 2015

THE UNIVERSITY OF MICHIGAN

Regents Communication

ACTION REQUEST

Subject: Report of Faculty Retirement

Action Requested: Adoption of Retirement Memoir

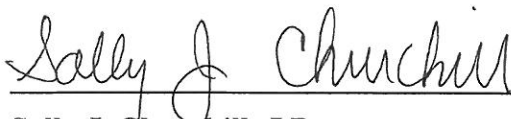
Victor L. Katch, Ed.D., professor of movement science in the School of Kinesiology, retired from active faculty status on June 30, 2015.

Professor Katch received both his B.A. and B.S. degrees from California State University, Northridge in 1968 and his M.S. and Ed.D. degrees from the University of California, Berkeley in 1969 and 1971, respectively. He joined the University of Michigan faculty as an assistant professor in 1972, and was promoted to associate professor in 1975, and professor in 1980. He held additional appointments as the 1st head basketball coach of the women's basketball team (1973-74) and in the Medical School (1980-2013).

An exceptional scholar, legendary teacher, and inspiring mentor, Professor Katch studied metabolism, nutrition, weight control, and physical performance. His pioneering research has been published extensively in highly respected, peer-reviewed scientific journals such as the *Journal of Applied Physiology*, the *Annals of Human Biology*, and the *American Journal of Clinical Nutrition*. Professor Katch co-authored the award winning textbook *Exercise Physiology: Nutrition, Energy, and Human Performance* that has sold over 350,000 copies since the first edition was published in 1981. He played an instrumental role in the establishment of the Division of Pediatrics Cardiology's Pediatric Exercise Lab, the University's Weight Control Clinic, and South Quad Residential Hall's Advanced Fitness Training Center. Professor Katch generously shared his time, expertise, and enthusiasm with the general public as a passionate advocate for healthy life choices, nutrition, and physical activity to enhance one's quality of life, mobility, and longevity.

The Regents now salute this distinguished teacher and scholar by naming **Victor L. Katch, professor emeritus of movement science.**

Requested by:



Sally J. Churchill, J.D.

Vice President and Secretary of the University

September 2015