

THE UNIVERSITY OF MICHIGAN

Regents Communication

ACTION REQUEST

Subject: Report of Faculty Retirement

Action Requested: Adoption of Retirement Memoir

Melvyn Rubenfire, M.D., professor of internal medicine in the Medical School, retired from active faculty status on June 30, 2025.


He earned his B.S. and M.D. at Wayne State University. Following his residency training in internal medicine at Sinai Hospital of Detroit, he completed a clinical and National Institutes of Health research fellowship in cardiovascular diseases at Henry Ford Hospital in Detroit in 1970. Prior to joining the Michigan faculty as professor in the Department of Internal Medicine, Division of Cardiovascular Medicine in 1991, Dr. Rubenfire was chair of the Department of Medicine and chief of cardiovascular medicine at Sinai Hospital, as well as medical director of the lipid clinic at Sinai Hospital, and a professor of medicine at Wayne State University School of Medicine.

Dr. Rubenfire is a pioneer in coronary disease prevention, having developed Michigan's first cardiac rehabilitation and lipid management program in the 1980s and served as director of preventive cardiology from 1995 to 2021. In addition to his cardiology practice, he is actively involved in educating students and advanced trainees and has nearly 300 publications in medical journals. He serves on the editorial board of four journals and reviews for 22 others. He is responsible for developing the pulmonary hypertension, lipid management, and metabolic fitness programs, focusing on coronary risk assessment, quality of life enhancement, and reducing morbidity and mortality in coronary disease. His research includes developing tools to assess pre-clinical atherosclerosis, depression, coronary disease, and the metabolic syndrome, and he has created a unique multidisciplinary team at the University focused on prevention.

Throughout his tenure at Michigan, he has achieved numerous notable accomplishments. In 2000, he received the Laureate Award from the American College of Physicians – American Society of Internal Medicine, Michigan Chapter. In 2015, a named professorship, the Melvyn Rubenfire Professorship in Preventive Cardiology, was established in his honor. He has served on the Board of Trustees of the American Heart Association of Michigan and as state governor for the American College of Physicians.

The Regents now salute this distinguished scholar for his dedicated service by naming **Melvyn Rubenfire, professor emeritus of internal medicine**.

Requested by:



Jon Kinsey
Vice President and Secretary of the University

June 2025