THE UNIVERSITY OF MICHIGAN  
Regents Communication  
ACTION REQUEST  

Subject: Report of Faculty Retirement  
Action Requested: Adoption of Retirement Memoir  

Elizabeth J. Brough, Ph.D., clinical assistant professor of nursing in the School of Nursing, retired from active faculty status on May 31, 2020. 

Professor Brough received her B.S.N. (1975) degree from The Ohio State University, her M.S.N. (1991) degree from Case Western Reserve University, and her Ph.D. (2009) degree from the University of Michigan. Professor Brough was a clinical instructor in the University of Detroit Mercy’s McAuley School of Nursing in 2009. She joined the University of Michigan faculty as a clinical instructor in 2009, and was promoted to clinical assistant professor in 2019. In the School of Nursing, she served as the cluster lead from 2012-14, and assistant director for educational excellence and coordination of the undergraduate program from 2016-20. 

Professor Brough had a variety of past professional, clinical, administrative, and teaching roles over the course of her 30-year nursing career, which supported a broad perspective for her approach to the education of undergraduate nursing students. Her teaching included clinical instruction of Michigan Medicine’s undergraduate adult acute care courses, as well as past classroom teaching in N253 the transition to nursing and N258 seminars. Her educational interests included using concept-mapping approaches to enhance critical thinking when developing clinical skills. She used a variety of innovative approaches to engage students in learning, including the use of simulation, audience response systems, point of care electronic and computer devices, and case-based education using actual scenarios and virtual communities. As a scholar, Professor Brough’s expertise included developing knowledge of the role that positive emotions play in health and illness. Her work focused on understanding the role of emotions in chronic illness, specifically in women with hypertension. Her most recent work on the WHEELS project expanded her knowledge of research processes through an established clinical project using tailored messages to help women reduce hypertension using the Dietary Approaches to Stop Hypertension (DASH) eating plan. She translated her research experience knowledge into clinical education and support experiences for developing projects with CNS adjunct faculty members and evidence-based practice knowledge support for staff. 

The Regents now salute this distinguished nursing educator for her dedicated service by naming Elizabeth J. Brough, clinical assistant professor emerita of nursing.  

Requested by:  

Sally J. Churchill, J.D.  
Vice President and Secretary of the University  

May 2020