

PROMOTION RECOMMENDATION
UNIVERSITY OF MICHIGAN MEDICAL SCHOOL
DEPARTMENT OF PSYCHIATRY

Marcia Ann Valenstein, M.D., Assistant Professor of Psychiatry, Department of Psychiatry, Medical School, is recommended for promotion to Associate Professor of Psychiatry, with tenure, Department of Psychiatry, Medical School.

Academic Degrees:

M.S.	1997	University of Michigan School of Public Health
M.D.	1981	University of Illinois
A.B.	1977	Harvard University

Professional Record:

2002-Present	Assistant Professor of Psychiatry, University of Michigan
1997-2002	Clinical Assistant Professor of Psychiatry, University of Michigan
1990-1997	Clinical Instructor of Psychiatry, University of Michigan
1989	Assistant Clinical Professor of Psychiatry, State University of New York at Stony Brook

Summary of Evaluation:

Teaching: Dr. Valenstein teaches and mentors at many levels. She participates in the regular series of mood disorder lectures for medical students rotating on the psychiatry service and also directly supervises medical students. She supervises psychiatry residents in clinics and reviews caseloads in weekly meetings. She has mentored medical students working in their research group, the Serious Mental Illness Treatment Research and Evaluation Center (SMITREC). One of these students chose a career in psychiatry, presented at national meetings and published a paper. She has served on dissertation committees for two doctoral candidates, served as a co-mentor on a young investigator (NARSAD) award, and was co-mentor for another junior investigator's VA Merit Review Entry Award (a career development award). In addition, she mentors junior faculty in the SMITREC research group.

Research: Dr. Valenstein's research has focused on disease management strategies for patients with psychiatric conditions treated in large healthcare settings. Currently, care for psychiatric disorders is often suboptimal with many patients not receiving evidence-based treatments or systematic follow up. Dr. Valenstein's work addresses the management of patients who suffer from depression, one of the most prevalent psychiatric conditions, and schizophrenia, one of the most disabling. Dr. Valenstein has conducted research on several disease management components, including strategies for identifying relevant patient populations, using patient registries and health system data to determine if evidence-based treatments are being delivered, and developing and implementing interventions to improve care delivery. This work is germane to organized systems attempting to systematize and improve the quality of the care that they deliver.

Scholarly contributions include papers on depression screening, collaborative depression care, and identifying patients for quality improvement efforts. One of her best known papers in depression services is the *Cost Effectiveness of Depression Screening in Primary Care* which is frequently cited, including by the U.S. Preventive Services Task Force. More recently, her work has focused on the quality of pharmacological care delivered to depressed patients in large health systems, with two papers comparing current pharmacological practices to the evidence base appearing in the *American Journal of Psychiatry*. This work was key in obtaining two grants examining the services and treatments offered to depressed patients and suicide risks. She has also been an active co-investigator on two collaborative care projects examining treatment interventions for patients with cancer or with diabetes and co-occurring depression.

In the area of disease management in schizophrenia, Dr. Valenstein has published a number of papers on the quality of care offered to these patients and many articles on medication adherence. The most widely recognized paper in this area is *Pharmacy Data Identifies Patients with Schizophrenia at Risk for Hospitalization*. This work has since been replicated by other research groups using multiple data sets and has introduced new possibilities for health systems attempting to improve adherence and the outcomes of these vulnerable patients. This initial work has led to continued research in the area of adherence with multiple other papers on this issue and a soon to be completed multi-site randomized controlled trial examining a pharmacy-based intervention to improve adherence among patients with serious mental illness (SMI). Dr. Valenstein has been principal investigator on three VA Merit grants and co-investigator on multiple federal grants. She is principal investigator on a recently awarded RO1. Dr. Valenstein is the author of 40 peer-reviewed publications (17 as first author) and four book chapters of which she is first author on three.

Recent and Significant Publications:

Valenstein M, McCarthy JF, Austin KL, Greden JF, Young EA, Blow FC: What happened to lithium? Antidepressant augmentation in clinical settings. *Amer J of Psychiatry* [in press].

Valenstein M, Mitchinson A, Ronis DL, Alexander JA, Duffy SA, Craig TJ, Barry KL: Quality indicators and monitoring of mental health services: What do frontline providers think? *Amer J of Psychiatry* 161:146-153, 2004.

Piette JD, Richardson C, Valenstein M: Addressing the needs of patients with multiple chronic illnesses: The case of diabetes and depression. *Amer J of Managed Care* 10:152-162, 2004.

Valenstein M, Copeland L, Blow FC, McCarthy J, Gillon L, Zeber J, Bingham CR, Stavenger T: Pharmacy data identifies poorly adherent patients at-risk for inpatient admission. *Medical Care* 40:630-639, 2002.

Valenstein M, Vijan S, Zeber J, Boehm K, Buttar A: The cost-utility of screening for depression in primary care. *Annals of Internal Medicine* 134:345-360, 2001.

Service: Dr. Valenstein has held a number of national leadership roles, including serving for four years as grant reviewer for the VA Health Services Research and Development Scientific Review and Evaluation Board, contributing to the development of quality monitors for the National VA Office of Performance and Quality, serving as a member of the Executive Committee for the VA

Mental Health Quality Enhancement Research Initiative (QUERI), serving as a mentor for junior investigators as part of the American Psychiatric Association Junior Investigators Research Colloquium, and serving on the editorial board of *General Hospital Psychiatry*. She was recently invited to join the Services Committee in the Group for the Advancement of Psychiatry.

External Review:

Reviewer A: “In my opinion, her contributions to the schizophrenia and depression literature have been substantial and creative. As a result, she has gained national recognition as an expert in quality of care for individuals with serious psychiatric disorders.”

Reviewer B: “Dr. Valenstein has had outstanding education and training and many accomplishments as a clinician-investigator....Her work has contributed to the area of adherence and medical co-morbidity. These topics are of significant public health import.”

Reviewer C: “I believe she has in short become a leader in this important area and her new grants focusing on case management of complex patients with depression and diabetes and other chronic medical illnesses are on the cutting edge of where case management is likely to go, i.e. that the most complex and costly patients are certainly ones that organized systems of care will want [to] try to improve quality of care and decrease costs.”

Reviewer D: “Her paper opened up an entirely new approach to adherence measurement for long-term antipsychotic treatment of patients with schizophrenia. It is the ‘gold standard’ reference for use of pharmacy refill data....These publications are a testimony to the importance of her original work in this area. There are not many papers that influence an entire field of research and this is one of them....Her work is one of the most thoughtful and careful analyses, and remains an essential part of the field.”

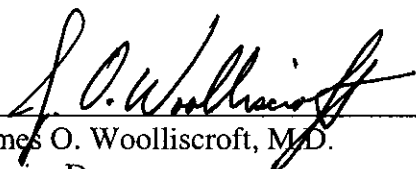
Reviewer E: “Overall I certainly would rate her work as outstanding and as having substantial impact on the field....she is among a small group of outstanding mental health services researchers who are leading research efforts to improve mental health services within the VA system. I know by reputation that she is highly regarded by her peers and that she is establishing a firm niche for herself in the area of quality of care assessment and improvement, especially with regard to disease management strategies.”

Reviewer F: “I believe Dr. Valenstein’s work is in the top ranks of her peers and that she would be promoted at my institution.”

Summary of Recommendation:

Dr. Valenstein is a talented and bright physician. She has been extremely productive and is regarded nationally as a leading mental health services researcher. She has published in high profile journals, presents research findings at numerous national meetings, has collaborative relationships with investigators within the University of Michigan and the VA, and has been very successful in obtaining grants. I am confident that she will continue to make increasingly

meaningful contributions within the Department of Psychiatry, Depression Center, Veteran's Affairs, and the Health System. I strongly support her promotion to Associate Professor, with tenure, in the Department of Psychiatry.

A handwritten signature in black ink, appearing to read "J. O. Woolliscroft", written over a horizontal line.

James O. Woolliscroft, M.D.

Interim Dean

Lyle C. Roll Professor of Medicine

May 2007