

THE UNIVERSITY OF MICHIGAN

Regents Communication

ACTION REQUEST

Subject: Report of Faculty Retirement

Action Requested: Adoption of Retirement Memoir

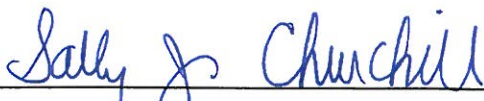
Sara L. Warber, M.D., clinical professor of family medicine in the Medical School, will retire from active faculty status on October 3, 2016.

Dr. Warber received her B.F.A. (1973) degree from Illinois Wesleyan University and her M.D. (1993) degree from Michigan State University. Her postdoctoral training included an internship (1993-94), a family medicine residency (1994-97), a research fellowship (1994-97) and a Robert Wood Johnson Clinical Scholars Fellowship (1997-99) at the University of Michigan. She joined the University of Michigan faculty as a lecturer in 1997, and held a number of positions, including assistant professor (2003-06), clinical assistant professor (2006-08), clinical associate professor (2008-16), and clinical professor (2016).

Dr. Warber is a national leader in the field of integrative medicine. Her research also explored the health effects of time spent in nature, the use of natural products and whole foods, and the therapeutic relationship. She has published 50 peer-reviewed publications, 21 book chapters, and five books. She played an instrumental leadership role in the establishment of the University's Complementary and Alternative Medicine (CAM) Research Center in Cardiovascular Disease, funded by the National Institutes of Health, and the Integrative Family Medicine Clinic. She was actively involved in the development of integrative medicine curricula for the Medical School and the School of Public Health. Dr. Warber taught integrative medicine to a generation of undergraduate students, graduate students, and postdoctoral fellows in addition to providing research methods instruction to clinical scholars in the Robert Wood Johnson Clinical Scholars Program. Dr. Warber has spoken extensively in local, regional, national, and international venues on topics related to integrative medicine and the salutogenic effects of time spent in nature. She was co-founder and first secretary of the International Society for Complementary Medicine Research and the first treasurer for the Consortium of Academic Health Centers for Integrative Medicine. In 2013-14, she was honored by receiving a Fulbright Scholarship Award to study the 'nature-deficit disorder' at the European Centre for Environment & Human Health at the University of Exeter Medical School in Truro, United Kingdom.

The Regents now salute this distinguished faculty member, academic leader, and scholar for her dedicated service by naming **Sara L. Warber, clinical professor emerita of family medicine**.

Requested by:



Sally J. Churchill, J.D.

Vice President and Secretary of the University

September 2016