THE UNIVERSITY OF MICHIGAN

Regents Communication

ACTION REQUEST

Subject: Report of Faculty Retirement
Action Requested: Adoption of Retirement Memoir

Teresa M. Bruggeman, Ph.D., assistant professor of nursing in the School of Nursing, retired from active faculty status on May 31, 2019.

Professor Bruggeman received her R.N. (1963) degree from the Bellevue School of Nursing, her B.A. (1967) degree from Hunter College, and her Ph.D. (1974) degree from the University of Michigan. She served as an instructor in the School of Nursing at St. Vincent Hospital from 1967-69. She joined the University of Michigan School of Nursing faculty as an assistant professor in 1979. She also served as an instructor in the Medical School from 1974-80 and as a lecturer in the Division of Kinesiology from 1997-2005.

As a scholar, Professor Bruggeman was particularly interested in the adaptive and maladaptive aspects of the inflammatory and immune responses and she acquired an extensive background on the normal cellular and chemical mechanism involved in these responses. She applied this information to understand how chronic inflammation underlines the development of atherosclerosis. Professor Bruggeman also studied how the mediators of chronic inflammation in one system can impact the function of multiple other systems through positive feedback loops that can lead to the development of multisystem failures. A consummate instructor and mentor, she was primarily responsible for teaching undergraduate anatomy and physiology courses and pathophysiology courses. Professor Bruggeman’s physiology expertise combined with her nursing experience enabled her to correlate normal structure and function with the abnormalities of disease processes. She created comprehensive course packs that outlined the key principles for each of her courses. Her lectures were enriched with the visual presentation of anatomical structures, flow diagrams of physiological mechanisms, and examples of pathological disorders. Through her work on task forces and the curriculum committee, Professor Bruggeman contributed extensively to the development and review of the graduate and undergraduate curriculums of the School of Nursing.

The Regents now salute this distinguished nursing educator for her dedicated service by naming Teresa M. Bruggeman, assistant professor emerita of nursing.

Requested by:

Sally J. Churchill, J.D.
Vice President and Secretary of the University

May 2019